

# FREE WORKSHOPS

**eliminating racism  
empowering women**  
**ywca**

## Available Workshops

### Free for Sites in Santa Clara County

**Domestic Violence 101** - discuss myths & facts related to Domestic Violence, learn how to identify the warning signs of an abusive relationship, and how to support someone experiencing intimate partner violence

**Sexual Assault 101** - discuss myths & facts related to Sexual Assault, explore how rape culture perpetuates violence, and learn how to support a survivor of sexual assault

**Child Abuse Prevention** - discuss statistics, definitions, and indicators of child sexual abuse, risk reduction techniques we can implement, and ways we can respond to disclosures of abuse

**Commercial Sexual Exploitation of Children (CSEC)** - discuss and define what CSEC is, learn risk factors for youth experiencing human trafficking, and identify the signs of human trafficking

**Bystander Intervention** - discuss what it means to be an active bystander, learn about the cycle of violence, and identify ways to safely intervene in situations of harm

**Additional workshops available upon request.**  
**For more information or to schedule a workshop**  
**contact [communityoutreach@yourywca.org](mailto:communityoutreach@yourywca.org)**

*If you or someone you know is experiencing violence,  
call the YWCA's 24/7 support line: 1-800-572-2782  
or visit our website at [www.yourywca.org](http://www.yourywca.org)*